

## **Rebecca Cooper Joins Addicted.com as Treatment Professional.**

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Noted Eating Disorder Specialist Will Provide Insight to Groundbreaking New Addiction Community Website

LOS ANGELES -- Addicted.com - the new website that offers resources for addicts and their families to find support and recovery resources online, has announced that Certified Eating Disorder Specialist Rebecca Cooper, MFT, has been added to the site as an Addiction Treatment Professional.

Cooper, based in Orange County, California, is founder of Rebecca's House, the first transitional living residence for women recovering from eating disorders. She is also CEO of the Rebecca's House Eating Disorder Treatment Programs. There she heads up a team of psychologists, therapists, registered dietitians, an exercise physiologist, a psychiatrist and a medical doctor. She is also the author of the Diets Don't Work[R] Structured Program, a step by step program for disordered eating.

As an Addiction Professional on the Addicted.com website, she will contribute articles, insight and interface with the site's users in a Q&A style forum.

The Addicted.com site features a full slate of professional addiction experts that specialize in the diagnosis and treatment of common addictions including: eating disorders, gambling, sexual addiction and drug and alcohol addiction. The site also offers people seeking help a Zip Code Locator which visitors can use to find nearby recovery centers, doctors, counselors and other assistance for their addictions.

"It is an honor to welcome Rebecca as one of our distinguished national experts at Addicted.com," said site Co-Founder and CEO John S. Shegerian. "Her passion for helping those struggling with eating disorders and her innovative approaches to problem solving will be a tremendous asset to us and to all of those who use the site as a bridge to getting better."

"I am very excited about Addicted.com including me as their eating disorder specialist," said Cooper. "Over the years I have seen too many people relapse into other addictions because they have not addressed their disordered eating. Some are afraid to even talk about this or even know they have an eating disorder. Addicted.com can be a great chance to bring discreet awareness to a devastating disorder."

Cooper is the author of 12 published articles and has two soon to be released books. In addition to DVD's, CD's, and tapes about her program, Cooper also appears regularly on television and radio to promote eating disorder awareness.

Visitors to the site can send Cooper and the other Addicted.com Addiction Professionals questions anonymously. They can also take self-tests to help determine whether they have an addiction and may need to seek help. Articles, advice, experts and other resources give users the option of complete anonymity if they are seeking resources but aren't ready to share their story with the world. To add even more in-depth assistance, Addicted.com added an online "Aftercare" program, designed to continue giving support to addicts after their treatment has ended. Addicted.com provides addiction recovery resources and tools for addicts, family members and friends throughout the Internet community. The main goal of the site is to maintain a well-known on-line space for people to visit when they need advice, answers, assistance or just someone to talk with.

For more information on Addicted.com, its mission and services, please visit [www.addicted.com](http://www.addicted.com) or contact [info@addicted.com](mailto:info@addicted.com).